



### Accreditation Table

<b>Categories/ Standards/Title following training</b>	<b>Level 1: NVR Informed Practice</b>	<b>Level 2: Emerging NVR Practitioner – Providing practice is supervised by an NVR Accredited supervisor or a supervisor approved by The NVR Association</b>	<b>Level 3: Accredited NVR Practitioner</b>
<b>Entry requirements:</b>	<p>Willingness to agree to have a DBS check if appropriate.</p> <p>Interest in NVR and commitment to attend the full training.</p> <p>It would be preferable for people to attend the training with a willingness and openness to the NVR approach.</p>	<p>Successfully attended level 1 and completed the written component to a satisfactory level.</p>	<p>Completion of Level 1 and 2 trainings including the written assessments.</p> <p>Independent learning.</p> <p>An investment in adding to the growing field of research and knowledge about NVR.</p> <p>Implementing a supervised practise based model.</p> <p>Presentation of clinical work.</p>



			Development of peer supervision skills.
<b>No of hrs of training:</b>	24 hrs minimum	<i>24 hours minimum</i>	<i>24 hours minimum</i>  <i>Level 1,2 &amp; 3 combined must equal 90 hours taught training hours in total</i>
<b>No of hrs of supervised clinical practise:</b>	Zero required - This is discretionary to the organisation's policy. Supervision for NVR informed practise can be provided.	15 hours clinical practice.	90 hours clinical NVR practice (in total), of which sixty are in direct client contact, Level I onward, clinical work informed by NVR prior to Level I cannot be credited towards this.
<b>Supervision:</b>	0 hours – As above (Please note this is discretionary to any organisations policy,	All students need to attend 4 x 1.5 hour supervision, while they are running a 12-week parent group as part of their required clinical practice.	With minimum delivery of one supervised 8-12 week group per annum. Supervision requirement consists of at least 4 x 1.5 hour



	<p>consultation for NVR informed practise can be offered).</p>	<p>or</p> <p>A minimum of 1 hour of supervision to 10 hours of practice required for individual client work.</p>	<p>group sessions (3 of which to be with an NVR qualified and approved group supervisor, the remaining 1 can be peer group).</p> <p><b>OR</b></p> <p>10 hours of direct practice to x 1 hour of individual supervision with an NVR qualified or approved supervisor.</p>
<p><b>Assessment component:</b></p>	<p>No assessed component candidates will be provided with confirmation of attendance.</p> <p><i>Those wishing to proceed to Level 2 will need to submit two pieces of reflective writing demonstrating their understanding of how NVR can be applied in their own context and beyond, to include:</i></p>	<p>Candidates can be provided with a confirmation of attendance.</p> <p>(Some candidates may wish to start their reflective log at this stage)</p>	<p>Candidates can be provided with a confirmation of attendance.</p> <p><i>In order to gain NVRA Practitioner Accreditation you will need to have completed all of the above and;</i></p> <p><i>1. Reflective log, can be written from Level 2 onward;</i></p>



	<p>1 <i>Production of a reflective log containing reflections on how NVR has resonated with the applicant?</i></p> <p>2. <i>Written piece explaining your views on NVR literature such as Context 132 April 2014 NVR special addition:</i></p> <p><b>OR</b></p> <p><i>Haim Omer: Non-violent Resistance a New Approach to Parenting</i> **</p>		<p>2. <i>2,000 word essay.</i></p> <p>Or</p> <p><i>2000-word case studies</i></p> <p>3. <i>Presentation of NVR methods or principles (supported with poster or creative ppt.).</i></p> <p>4. <i>Evidence of delivery of NVR via video/audio /original materials developed/case presentation etc.</i></p>
	<p><b>The background, context and principles of NVR:</b></p>	<ul style="list-style-type: none"> <li>Advanced clinical application of NVR in a range of more</li> </ul>	<ul style="list-style-type: none"> <li>Undertaking supervised practice.</li> </ul>



<p><b>Key Learning/Content</b></p>	<p>What is violence? History of non-violence. New Authority v. 'old' authority values/styles.</p> <p>Parenting values</p> <p>NVR as a different paradigm from other parenting approaches.</p> <p>Resist, Persist, Unite, Repair.</p> <p>Presence and obstacles to presence.</p> <p>Why does my child behave like this? Introduction to attunement &amp; empathy: Looking after yourself/stress management.</p> <p>Understanding escalation,</p>	<p>complex situations and settings.</p> <ul style="list-style-type: none"> <li>• Adapting NVR for a range of specific clinical needs/presenting difficulties e.g. using the Anxiety Protocol.</li> <li>• Bespoke/creative NVR packages.</li> <li>• NVR with groups and with individuals - differences and overcoming potential difficulties.</li> <li>• Integrating NVR with other approaches.</li> <li>• NVR in schools/ community/ youth offending, foster carers, adoptive parents and residential settings.</li> <li>• Building network presence and uniting professional/family and friends supporters.</li> </ul>	<ul style="list-style-type: none"> <li>• Presenting evidence of work undertaken and acting on feedback.</li> <li>• Participating in supervision, developing peer supervision/ reflecting team.</li> <li>• Skills and demonstrating the impact of supervision on practice.</li> <li>• Presenting practice - case studies, showcases of creative approaches etc.</li> <li>• Demonstrating refining of NVR practice, ability to problem solve etc.</li> <li>• Maintaining and submitting written reflections of work undertaken.</li> <li>• Producing critical essay evidencing extensive engagement with NVR and relating theory to practice.</li> </ul>
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	<p>Complimentary and symmetrical escalation. De-escalation strategies (strike while the iron's cold etc.)</p> <p><b>The relational aspect of NVR:</b> The anchoring function of parenting;  Correction before connection</p> <p style="text-align: center;"><b>or</b></p> <p>Promoting interpersonal connection in NVR; connection between parent and child Relational gestures overcoming impediments to care</p> <p><b>Putting an NVR campaign into action:</b> Prioritising behaviours (baskets) Preparing and delivering announcements</p>	<ul style="list-style-type: none"> <li>• Challenges with multiagency working/negotiating roles within different domains.</li> <li>• Safeguarding/working with risk.</li> <li>• Clinical supervision.</li> <li>• Ethics and values of NVR.</li> <li>• Self-reflexivity and anti-discriminatory practice</li> </ul> <ul style="list-style-type: none"> <li>• Evaluating practice and impact of NVR (evidence based practice and practice based evidence).</li> <li>• Reflective writing.</li> <li>• Developing parent advisor/facilitator roles.</li> <li>• Ways to maintain NVR (follow on/refreshers, social media groups etc.).</li> </ul>	
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	<p>different types of</p> <p>Announcement (mini announcements/self-announcements etc.)</p> <p><b>Supporters:</b> Building a support network Roles of supporters</p> <p><b>Maintaining active resistance:</b> Message campaigns Sit-ins Tailing Vigilant care</p> <p>Working with siblings</p>		
<b>Time scales:</b>	From end of foundation level – 2 years to commence level 2.	Coursework completed within 1 year of end of Level 2.	Coursework completed within 1 year of the end of level 3 module*.
<b>Qualification or pathway</b>	Level 1 certificate		



<b>opportunities on completion:</b>	*Allowing the person to be designated as having 'NVR informed practise' Entry onto Level 2.	Entry onto Level 3.	Level 3 Accredited NVR practitioner on completion of all course work and clinical hours.
<b>Marking &amp; examining board:</b>	N/A	Accredited NVRA training organisation.	Accredited NVRA training organisation.
Please contact individual training providers for their prospectus, contents and sequence may vary.			
<b>Maintenance of NVR accreditation:</b>	<p>CPD to be submitted to NVRA on a 5 yearly basis, by the 1<sup>st</sup> April of the relevant year.          Submissions assessed by an accredited NVRA Training Organisation at a cost of £300.          Reaccreditation certification confirmed within 3 months.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>*Yearly record of CPD undertaken kept by the practitioner and submitted 5 yearly.</li> <li>* Confirmation of ongoing practice.</li> <li>*40 hours of supervised individual NVR practise with 4 supervision sessions per year (one supervision of 1.5 hrs can be an open peer supervision group).</li> </ul> <p>Yearly record of CPD undertaken kept by the practitioner and submitted 5 yearly.</p> <ul style="list-style-type: none"> <li>*Confirmation of ongoing practice.</li> </ul>		





\*Submission of a practice history summary (to include a description of current role, type of work you do, main responsibilities in relation to NVR practice, people you communicate with in relation to NVR practice)

**OR**

\*A minimum of one supervised 8-12 NVR group per year.

\***Supervision consisting of at least 4 x 1.5hrs sessions with an NVR supervisor.**

\*Completion of a minimum of 12 hours CPD per year with record including: reading, attendance at conferences, workshops, evidence of development of NVR practice and knowledge.

NB: CPD 50% of which must be NVR specific and the other 50% in related fields. CPD form and guidance can be downloaded from the Accreditation area of the website



### **Accreditation of Experience and Prior Learning**

**APEL level 1 & 2:** If individuals have completed level 1 & 2 prior to this standard they may still be eligible to access level 3. This will be at the discretion of the accredited training organisation, where candidates are applying to undertake level 3. There may be a separate charge to APEL candidate's portfolios.

Portfolios will need to clearly outline how they have met key learning within level 1 and 2 and include an outline of the training content of NVR courses previously attended. Evidence will also be required that they have been practising NVR on an ongoing basis.

**APEL Level 3/Accredited Practitioner:** For candidates that have completed all 3 levels prior to these standards or within a provision that is not currently accredited by NVRA, a full APEL can be requested from NVRA at a cost of £500. Candidates will be asked to provide a portfolio demonstrating how they met and applied key learning for all 3 levels including the required written assessments.

Candidates have two years from posting these standards to apply, however if they miss the deadline they can appeal and request an extension. Organisations will make 'reasonable efforts' to contact all participants who have attended their training and may wish to be accredited, however they are not responsible for reaching everyone.

\*\*Each training organisation can exceed the minimal standards of entry requirement